

WELLBEING AND EMOTIONAL SUPPORT TEAMS

Staff Wellbeing Workshop

Managing Anxiety in the Classroom

Run by the
Wellbeing and Emotional
Support in schools
team.

On Teams Online
9th March 2026
at

3.30pm-4.30pm

Who is it for:

Open to all school staff
regardless of role

What we are covering

- What is anxiety
- What are the signs and
how this might present
in school.
- What schools can do to
support anxious
children and

Join the meeting on Teams

Meeting ID:317 843 946 913 9
Passcode: K7L4vc7W

